Philosophical Basis:
Asthma affects 235 million people worldwide and one in four primary school children. Australia has the second highest incidence of asthma in the world (Asthma Foundation Australia, 2013). The aim of this policy is to ensure children with asthma are well supported at Doncaster Gardens Primary School and are provided with a safe environment in which to learn and play.

Guidelines:
- Parents are to provide a copy of a letter from a family doctor or specialist outlining the details of the student’s asthma and the allergy concerned and what medical treatment should be undertaken in case of an asthma attack. This advice, in the form of an asthma action plan, needs to be updated annually and/or if there is any change in the child’s condition.
- A meeting will take place between the parents, class teacher, first aid coordinator and the Principal (or delegate) to discuss the issues, decide on strategies to minimise risk and to exchange documentation.
- All staff will be provided with training at least every three years in relation to asthma and the necessary first aid treatment.
- Staff directly involved in first aid such as the first aid coordinator and other personnel such as PE teachers should undertake the Emergency Asthma Management course every three years.
- Identified students will not be isolated or excluded from any activity, within reason. Exercise is one asthma trigger that should be encouraged not minimised.
- A reasonable effort will be made to ensure that contact with allergens is minimised. This will require each child to have an individualised risk minimisation plan.
- All teachers attending off school activities will have an understanding of the first aid treatment necessary for students who exhibit asthma symptoms.
- At least two asthma first aid kits will be readily available, which include medication, spacer and a first aid asthma poster. An extra kit for every 300 children is needed to comply with the Asthma Friendly Schools criteria.

Implementation:
- Parents and carers of students who have asthma will be provided with a copy of the Asthma Management Policy on enrolment.
- Parents will provide a written asthma action plan completed and signed by a medical practitioner.
- Parents will provide their children with asthma reliever medication and a spacer (and a face mask if required) at all times their child attends the school.
- Teaching staff will know which students have asthma and the location of their personal medication and spacers.
- Students will carry their asthma medication and a spacer with them at all times (if self-managing their asthma).
- All teaching staff will be trained to assess and manage an asthma emergency and complete the free one-hour Asthma Education session at least every three years provided by the Asthma Foundation.
- Designated staff members will undertake the Emergency Asthma Management course at least every three years, recommended for PE staff, first aid coordinators and at least one member attending off school activities.
- A designated staff member will formalise and document school procedures for Asthma First Aid, for both individuals with a diagnosis of asthma, and those with no known diagnosis of asthma (first attack).
- A designated staff member will complete the Asthma Friendly Schools recognition checklist every three years.
- Asthma First Aid posters will be displayed in key locations in the school.
- A designated staff member will coordinate the provision of at least three asthma emergency kits and ensure expiry date of medications are routinely checked and updated as required.
- To reduce asthma triggers the following risk minimisation strategies will be employed, such as mowing school grounds out of hours; limit dust by out of hours cleaning of carpets and soft furnishings; review cleaning products and any other chemicals to consider the potential impact on students with asthma; conduct maintenance that may require paint or varnishes or excess dust particles outside of school hours and switch on fans, air conditioners and heaters out of hours when being used for the first time after a period of non-use.
- Common environmental triggers to asthma such as high pollen count, weather changes such as thunderstorms, smoke from bush fires or burn offs should be monitored daily and if necessary, students allergic to these triggers may be restricted to indoor activities.
- Exercise induced asthma (EIA) should be managed to promote healthy exercise and normal play behaviour. This includes discussion with parents to provide medication prior to exercise as recommended by the Asthma Foundation.
- The school will educate students and parents about asthma via newsletter articles and specific classroom sessions.
- Asthma Action plans will be stored in the first aid room and in the relevant class rolls.
- Out of school settings: Each identified student’s asthma medication and spacer, asthma action plan and a mobile phone must be taken to all excursions and other out of school settings.
- Teaching staff and the first aid coordinator will regularly communicate with the student’s parents about the student’s successes, development, changes and any health and education concerns. In particular the frequency and severity of the student’s asthma symptoms and use of medication at school.

Evaluation:
- Evaluation will occur on an annual basis or following an incident or event to make sure that the information is correct and all personnel are aware of how to respond to an asthma attack.
- This policy will be reviewed every three years as part of the policy review cycle.

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